

| TIME  | RIDER               | Individual? |
|-------|---------------------|-------------|
| 08:00 | Vicki Raw           | Individual  |
| 08:40 | Joanne Raw          | Individual  |
| 09:20 | Vicki Raw           | Individual  |
| 10:00 | Emma Reed           | Individual  |
| 10:40 | Ruth Pennell        | Individual  |
| 11:20 | Nicola Shuttleworth | Individual  |
| 12:00 | Janet Hill          | Individual  |
| 12:40 | Sandra Good         | Individual  |
| 13:20 | Melanie Lawson      | Individual  |
| 14:00 | Joanne Elsdon       | Individual  |
| 14:40 | Kerstie Perry       | Individual  |
| 15:20 | Lizzie              | Individual  |
| 18:00 | Katy Smith          | Individual  |
| 18:40 | Kate Broatch        | Individual  |
| 19:20 | Laura Irving        | Shared (2)  |