

TIME	RIDER	Individual Shared(2) or Group
00:00	Amy French	Individual
00:00	Amy French	Individual
11:00	Rachel Marsh	Individual
11:40	Jo Raw	Individual
12:20		
13:00	Cilla Lee	individual
13:40	Sheila Miller	Individual
14:20		
17:30	Lindsey McLaren	Individual
18:10	Helen Wilson	Individual
18:50	Angela Adams	Individual
19:30	Connie Gill	Individual
20:10	Amanda Walker	Shared